



LAPS FOR LIFE

DRESS UP
IN ALL
YELLOW
AND GET
THOSE
SNEAKERS
ON!

*Raising awareness for
mental health and suicide prevention*

**SUN 14
APRIL**

NORTH GROUNDS
Alhambra Rugby
Fields

**10 AM
- 4 PM**

**Food trucks • Fun free activities
Spot prizes • Sausage Sizzle**

**Together, let's collectively run, jog, or
walk over 365 km; 1km for every day of
new possibilities in a year**

MORE INFORMATION:

- ☎ 027 240 0114
- ✉ admin@lifematters.org.nz
- 🌐 www.lifematters.org.nz/

**SIGN UP
NOW!**
FOR FREE

